

FAQ – Tuckshop

What day is the Tuckshop Open?

In 2021 the Tuckshop will be Open Wednesday, Thursday & Friday for first break only from 7.30am to 11.45am. The first day of tuckshop is in Week 2 Term 1.

How can I order Tuckshop?

Our Tuckshop uses the Flexischools system. This means that you can order online at www.flexischools.com before 8.30am the morning of your Tuckshop day.

You can order the night, day, week even months in advance.

You can also set up weekly orders for the whole term. The weekly orders are stopped at the end of a term and you will need to set up a new order at the beginning of each term.

Can I cancel my order?

Yes, you can cancel your order before 8.30am by login back into Flexischools. After 8.30am you will have to ring the Tuckshop and asked for it to be cancelled. Once the order has been made we can no longer refund your money.

What time do students eat lunch?

First break is at 11am. Students have a mandatory 10 minutes sit down period to eat their lunch at this time.

Can anything be purchased over the counter?

Yes, juniors (y1-3) can bring up to \$2.50 to spend and seniors (y4-6) up to \$5. They can purchase treat items such as iceblocks, frozen yoghurt, cookies, muffins, chips and drinks. This can be done from 11.10am – 11.40am during first break only.

What is the Traffic Light System?

The Food Traffic Light System is part of the Smart Choices – Healthy Food and Drink Supply Strategy for Queensland Schools. It applies to any event or service run by the school or P&C. It is recommended that families follow a similar approach to lunch box content; however it is only a guideline for families.

Green “Have Plenty”. We encourage and promote these foods and drinks.

Amber “Select Carefully” Do not let these foods and drinks dominate your choices.

Red “Occasional” Limit the availability of these foods and drinks.

You can read more about it here (<https://education.qld.gov.au/students/student-health-safety-wellbeing/student-health/smart-choices>)

How do Red food days’ work?

Red food days are limited to two occasions per term. This is normally in a way of a special event for example Disco, Cupcake day, Sausage sizzle etc

Volunteering

Our tuckshop cannot survive without its dedicated team of volunteers. We are always seeking new people to come and join in. It’s fun, easy and a great way to become a part of the school community. Plus nothing beats the look on your little ones face when they see mum or dad behind the counter. If you would like to help out, please see the convenor or email jhsstuckshop@gmail.com

Allergies/Dietary Requirements

Our tuckshop strictly adheres to the schools NO nuts policy. We have a selection of gluten free and vegetarian items all marked on our menu. If you have any concerns or queries you are more than welcome to come in at any time and look at our menu, food prep, check ingredients on our packaged foods and discuss concerns with our convenor. You can also email our convenor jhsstuckshop@gmail.com to request a time to catch to discuss.